



Future Families

Families Consciously Creating the Future

Our Manifesto

As a not for profit, community and volunteer organisation we support and model these values to the best of our knowledge and abilities. This manifesto has been adapted from the 'aTLC Blueprint of Principles and Actions' (www.atlc.org).

- ☺ Children are the future of our society and our planet
- ☺ Parents can be more effective and more satisfied with themselves when they are FULLY informed of their choices in pregnancy, birthing and parenting
- ☺ The best possible start in life is for a child to be nurtured in the womb of a healthy, loving and relaxed mother
- ☺ A natural birth affords significant benefits to the mother, baby and the family – any potential benefits and risks of intervention warrant careful consideration
- ☺ A natural, chemical free lifestyle provides a family with the opportunity to build and maintain a strong immune system, healthy organs and positive mind
- ☺ Breastfeeding, nurturing physical contact and being carried on the body are necessary for optimal brain and immune system development of a baby
- ☺ When children are raised with love, faith, harmony, acceptance, creativity, compassion, inter-activity, gratitude and trust – that is what they take into the world
- ☺ It is our responsibility to create a sustainable, healthy planet for our children's, and their children's future