

# Vaccination – Behind the Needle

Vaccination can be a controversial and emotive issue when it comes to making a choice for our children. There are two extremes to the argument of whether to vaccinate and as we must either choose to do so or not, there is no middle ground. So why are more and more people choosing not to vaccinate? Vaccines are marketed as being safe effective and beneficial to health, but are they? The majority of people are still in the dark on the risks involved. With a wealth of information out there if you want to find it, the choice of saying yes or no needs to be an informed one, for every individual. How can anyone possibly make an informed choice on any subject without factual information? Through this article I hope to provoke some thought in people new to this issue so that they will start their own investigating. After-all, nothing is more important than our family's health.

## **Natural Exposure to Disease Verses Vaccine Exposure to Disease**

When we are vaccinated with bacteria and viruses that are genetically and/or chemically modified, we are also injected with preservatives, heavy metals, antibiotics and a variety of other toxic chemicals. We are also exposed to many diseases at once when vaccinated, which does not happen in our natural environment. Our immune system is not designed to cope with an onslaught of different diseases at once, entering our system directly via the blood stream, (as occurs with vaccination).

When exposed to disease naturally, the body's first lines of defence are the skin and the mucous membranes that line our digestive track and airways. These portals of entry are bypassed when vaccines are injected straight into the bloodstream. When our body is exposed to a virus naturally, via these portals of entry, an immune response is triggered and antibodies are produced. A natural exposure to disease is necessary to initiate a *full immune response*, resulting in a true antibody memory that can last a life-time and be passed on to the next generation. Vaccination cannot emulate the natural immunity process; therefore life-long immunity cannot be achieved. This is why booster shots are on the vaccination schedule.

## **So what's in Vaccines and How are they made?**

Bacterial vaccines are grown in a culture medium. Viruses for vaccines are grown in living tissue or using continuous cell-lines. Animal blood products and tissues, as well as human cell-lines are used in this process. Some examples are calf serum, monkey kidney cells, human foetal cells, chick embryos and genetically modified yeast, all of which can contaminate vaccines with foreign proteins, bacteria and viruses and may trigger severe allergic reactions.

To 'stabilise' and 'preserve' vaccines a host of toxic additives are used including formaldehyde, aluminium, thiomerosal (mercury), antibiotics, gelatin, phenol or phenoxyethanol, MSG, beta-propiolactone, polysorbate and borax. Some of these additives are *known* to cause cancer.

## **The Childhood Vaccination Schedule**

Each year more vaccinations are being added to the childhood immunisation schedule. Doesn't it seem a bit extreme that by the time a fully vaccinated Australian child is just one year of age they will have received a total of 26 vaccines? Considering the first twelve months of a child's life (ex-utero) see more rapid growth and development of all the body systems and organs, (including the immune system), than any other time, don't we need to stop and ask why there are so many vaccinations on the schedule for such an early age? Vaccines are not scheduled according to 'the best time for your child to receive them'. The reason the schedule is so heavy in that first year of life is that babies are accessible with all of those 'well baby' check ups. No consideration has been given to babies underdeveloped immune systems in the planning of the childhood immunisation schedule.

## The Risks

So what are the risks of vaccination? The neurological side-effects following vaccination are vast whilst the knowledge of the newborn immune system is inadequate. *All* vaccines have significant adverse effects.

These can be separated into two groups:

Immediate or short-term reactions that occur soon after giving the vaccine which *include*: fevers, allergic responses, deafness, convulsions, encephalopathy, paralysis, central nervous system disease resulting in temporary or permanent disabilities, and death.

Delayed reactions, which may be more insidious and less obvious. They can also result in persistent conditions that *include*: arthritis, asthma, Crohn's disease, diabetes, eczema, epilepsy, middle ear infections, Multiple Sclerosis, Guillain Barre Syndrome, mental retardation, autism and other learning disabilities and behavioural disorders.

## Informed Choice & Alternatives to Vaccination

So why aren't more parents questioning the merits of vaccination? Is it because of their trust in the orthodox medical system? Exposure to government's propaganda and fear tactics, over-exaggerating the seriousness of infectious diseases and understating the risks involved in vaccination? Or do they just follow the crowd and vaccinate as it is the 'done thing'? One thing is for certain, the public needs more information about the risks involved in vaccination to be accessible so they can make an informed decision. Many people aren't even aware that there is a homeopathic option to conventional vaccination, without toxic additives. It is every individual's choice whether they chose to vaccinate or not, despite the relentless pressure that is encountered from the orthodox medical profession and government to vaccinate.

There is so much we can do to boost our children's immune systems and to support them through any illness they may encounter *without* vaccinating; breastfeeding, good nutrition from live food and pure water, fresh air and sunlight, correct posture, exercise, rest and sleep, and a healthy environment are all essential. Homeopathy as a prophylactic can be used as protection from disease. Most of all by loving and nurturing our children and not exposing them to vaccinations, which compromise the immune system, we give our children the best grounding in life, providing them with confidence and a resilience when faced with disease.

If you want more information regarding vaccination please contact VISA. We have a 64 page \*booklet, which is a great compact and comprehensive resource - available for just \$3 (including postage) or \$2 at *Future Families Fun Days*. I urge you to investigate before you vaccinate.

References: \*Vaccination – A guide for parents – *Kathy Scarborough* B.Sc., Grad. Dip. Ed of VISA  
Vaccination The medical assault on the immune system – *Viera Scheibner Ph.D*  
*The Vaccine Guide - Randall Neustaedter OMD, Lac*

*Disclaimer: All information on vaccination is provided in the interest of promoting informed choice and as a community service. The decision about whether to vaccinate or not is yours alone.*

by **Deanne Schmid**, Vice President of Vaccination Information South Australia

*\* Vaccination Information South Australia (VISA) is a non-profit organization that provides an information service to the community about vaccination and health related matters. Formed in February 1997, we are funded by membership fees and administered by a team of dedicated volunteers.*

Contact VISA at (08) 83365236 or P O Box 643 MAGILL SA 5072 our Website is [www.visainfo.org.au](http://www.visainfo.org.au) and we now have a new 'on-line forum'!

